



The Weekly Times

Issue 89

PARK VALUES

Respect

"Respect for ourselves guides our morals; respect for others guides our manners." —
Laurence Sterne

JOKE OF THE WEEK

Why did the sun go to school?

To get a little brighter!

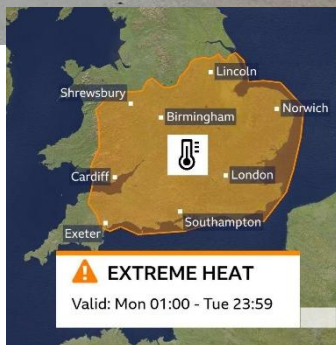
Word of the Week

Word: Hopeful

Definition: Thinking something you want will probably happen.

Word: Reluctantly

Definition: You do something even though you don't want to do it.



Monday 22nd June 2026

UK Heatwave Alert: Staying Safe in Hot Weather

The UK is expected to experience a major heatwave this week, with temperatures forecast to reach **up to 38°C in some parts of southern England**. Warm nights may also make it harder to sleep and recover from the heat.

Hot weather can affect everyone, especially children and people spending long periods outdoors. To stay safe, drink plenty of water throughout the day and avoid sugary or caffeinated drinks. Wear light-coloured, loose clothing and use sunscreen if outside. Try to stay in shaded or cool indoor areas during the hottest part of the day (11am–3pm). Keep rooms cool by closing curtains and opening windows later in the evening.

Although it may seem tempting to cool off outdoors, **avoid swimming in open water unless it is a supervised and designated area**. Rivers, lakes and reservoirs can have hidden currents, cold water shock, uneven surfaces and sudden drops in depth, making them dangerous even on hot days.

Enjoy the sunshine safely and look after one another!

WEEKLY CALENDAR

Monday 22 nd	Tuesday 23 rd	Wednesday 24 th	Thursday 25 th	Friday 26 th

STAY SAFE IN A HEATWAVE!

Look after yourself and others! ❤️

HOT WEATHER CAN BE FUN, BUT IT'S IMPORTANT TO STAY SAFE!

KEEP HYDRATED



Drink plenty of water throughout the day.
Avoid sugary or caffeinated drinks.

APPLY SUNCREAM



Use suncream with SPF 30 or higher and reapply every 2 hours.

STAY IN THE SHADE



Stay in the shade during the hottest part of the day (11am – 3pm).

DRESS COOL



Wear light-coloured, loose clothing, a hat and sunglasses to keep cool.

DON'T SWIM IN OPEN WATER



Rivers, lakes and reservoirs can be dangerous. Hidden currents, cold water and sudden drops can be very risky.

CHECK ON OTHERS



Check on family, friends and neighbours, especially older people.

STAY COOL, STAY SAFE, HAVE FUN!

If you feel unwell – dizzy, thirsty, headache or sick – tell a grown-up and get somewhere cool. In an emergency, call **999**.

★ WOW WORK ★

Becky has been making the most of some small shaded outdoor spaces around school during the warm weather, creating a cool and comfortable environment for students to enjoy reading. By taking lessons outside, she has helped encourage engagement and enthusiasm for reading in a different setting. Here are Group 5 listening attentively as Becky reads their class novel, *Percy Jackson and the Lightning Thief*.



Points Shop

Remember all points need to be spent by the end of this term/year as all points reset in September.

DID YOU KNOW?



The official highest recorded air temperature on Earth is 56.7°C (134.1°F), measured at Furnace Creek in Death Valley, California, USA, on July 10, 1913.