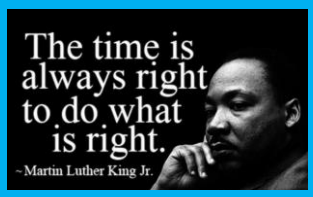
The Weekly Times
Issue 73

PARK VALUES

Resilience



JOKE OF THE WEEK

What did the policeman say to his belly button?

You're under a vest.

Word of the Week

Word: Embarrassed
Definition: feeling uncomfortable about something that happened

Word: Humiliated
Definition: feeling very embarrassed in front of other people

Monday 19th January 2026

Martin Luther King Day

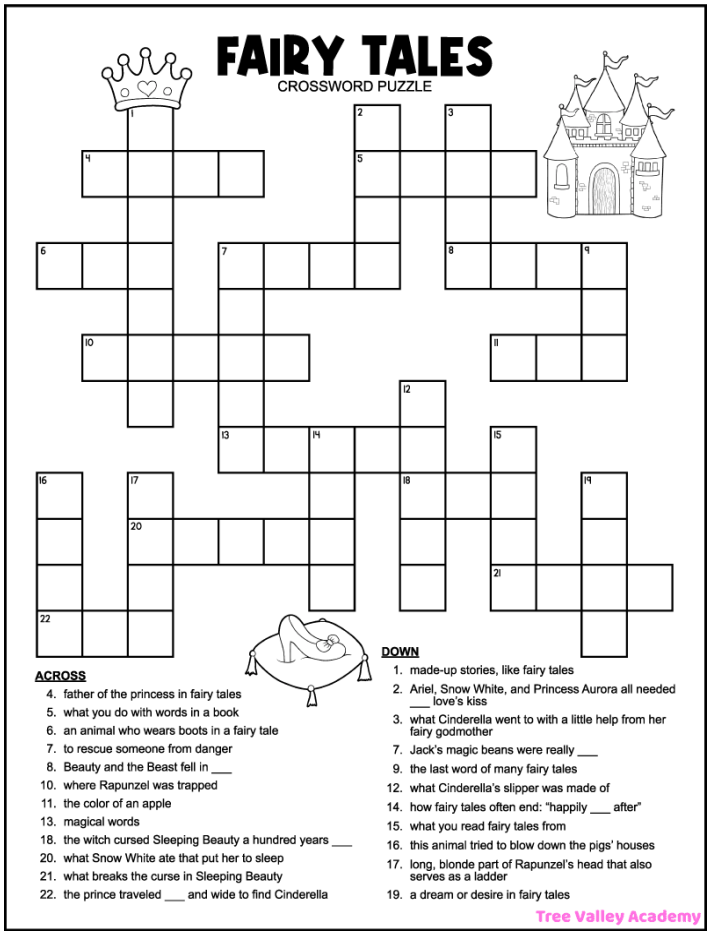
Martin Luther King Day is marked each year in the United States on the third Monday of January. It honours the life and work of Dr Martin Luther King Jr., a key leader of the American Civil Rights Movement during the 1950s and 1960s.

Dr King campaigned peacefully against racism and segregation, especially laws that treated Black Americans unfairly. He believed strongly in non-violence, using peaceful protests, speeches and marches to demand equality and justice. His famous "I Have a Dream" speech called for a future where people would be judged by their character, not the colour of their skin.

This day is important because it reminds us that fairness, respect and equality do not happen by chance. They require courage, empathy and action. Although it is an American holiday, Dr King's message is universal and encourages young people everywhere to stand up against discrimination and to work for a more just and inclusive world.

WEEKLY CALENDAR

Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd	Friday 23rd
MOCK GCSE EXAMS 9:20am – Assembly	MOCK GCSE EXAMS	MOCK GCSE EXAMS Hill End – Group 5 & 6	MOCK GCSE EXAMS	MOCK GCSE EXAMS



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	6					8	9	
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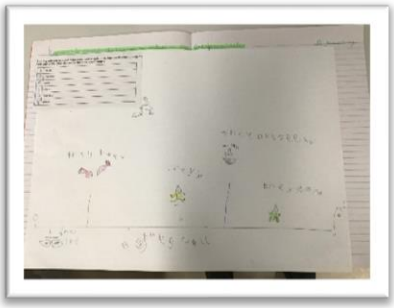
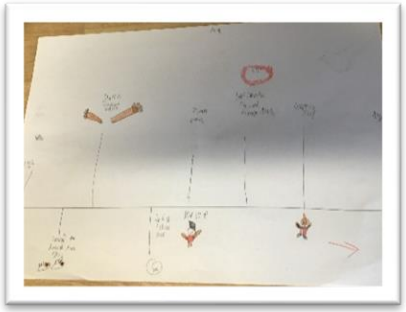
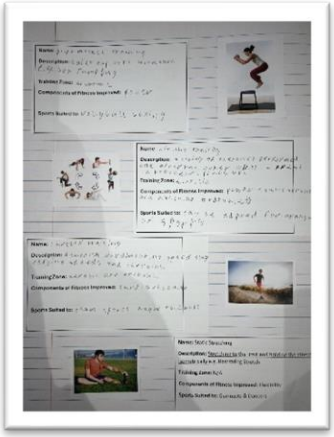
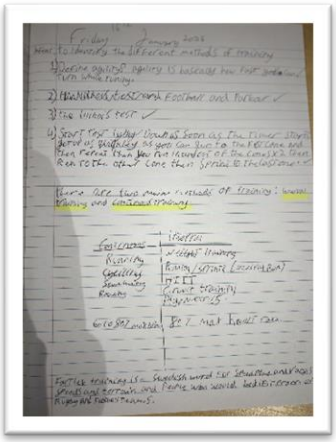
Group 1 made timelines to show their understanding of how babies grow and develop within their first year as part of their work on life cycles.

★ WOW WORK ★

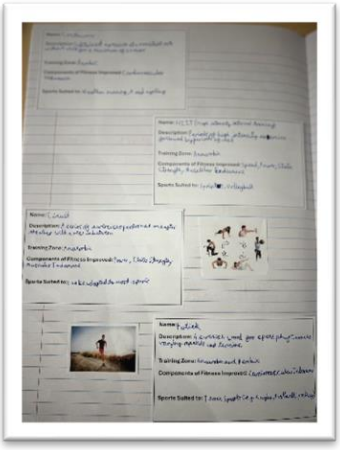








The GCSE PE group (Darragh, Logan, Jake and Alex) have been working very hard in lessons learning about the components of fitness and different training methods. Keep up the good work!



DID YOU KNOW?

Martin Luther King Jr was born in the United States of America to African American parents. At birth he was named Michael King, but his father later changed his name to Martin Luther King Jr.