



*This policy is linked to and derived from the overarching curriculum policy. This policy has been reviewed by the SMT to ensure it does not undermine British Values of Democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.*

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# PARK SCHOOL

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**PSHE including  
RELATIONSHIPS & SEX AND  
POLICY**

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ACADEMIC YEAR 2021-2022

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## PARK SCHOOL

### **Introduction**

This policy document is intended for the use of Park School staff and parents/carers. All Park School staff are expected to read this document and follow the guidelines at all times.

This policy was last revised on 09.09.2021 and will be reviewed annually and/or in accordance to changes in relevant legislation and guidance.

### **General Philosophy**

This policy is a working document. One of its primary objectives is to serve as a reference document for summarising shared views about the teaching of PSHE including Sex and Relationships and will be the basis for practice within the classroom.

### **Aims and Objectives**

The following four main areas will be discussed within this subject:

#### Attitudes and values

- To learn the importance of values, individual conscience and moral considerations
- To learn the value of family life, marriage and stable and loving relationships for the nurture of children
- To learn the value of respect, love and care
- To understand and consider moral dilemmas

#### Personal and social skills

- To develop critical thinking and decision-making skills
- To be able to manage emotions and relationships confidently and sensitively
- To develop self-respect and empathy for others
- To be able to make choices based on understanding of difference and with an absence of prejudice
- To appreciate that choices have consequences
- To manage conflict and be able to recognise and avoid exploitation and abuse

#### Knowledge and understanding

- To understand the physical development of the human body and the function of the reproductive organs
- To understand human sexuality and to understand that sexual activity is a natural part of a fulfilling human relationship

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- To explore and understand methods of contraception
- To explore and understand sexually transmitted diseases including HIV and AIDS
- To know about the range of local and national sexual health advice, contraception and support services
- To understand the reasons for delaying sexual activity and the benefits to be obtained from such a delay
- To be able to avoid unplanned pregnancy

Sensitive and controversial issues are certain to arise in learning from real-life experience. Teachers will be prepared to handle personal issues arising from the work, to deal sensitively with, and to follow up appropriately, disclosures made in a group or individual setting. Issues that are addressed that are likely to be sensitive and controversial because they have a political, social or personal impact or deal with values and beliefs include: family lifestyles and values, physical and medical issues, financial issues, bullying and bereavement. Teachers will take all reasonable, practical steps to ensure that, where political or controversial issues are brought to pupils' attention, they are offered a balanced presentation of opposing views. Teachers will adopt strategies that seek to avoid bias on their part and will teach pupils how to recognise bias and evaluate evidence. Teachers will seek to establish a classroom climate in which all pupils are free from any fear of expressing reasonable points of view that contradict those held either by their class teachers or their peers. The school will liaise with parents/carers on this issue to reassure them of the content and context.

#### Moral values and framework

- The Head teacher will take responsibility to ensure that sex and relationships education is taught within the framework of a due regard to moral consideration and the value of family life.

#### **Entitlement**

All pupils are entitled to have access to all aspects of PSHE and Sex and Relationships Education according to age, aptitude and development.

Pupils will not necessarily be taught in age groups at Park School. Due care and attention will be given to ensure that the teaching of PSHE and RSE is focused on individual need and is appropriate to each pupil's level of understanding and maturity.

A variety of teaching methods and approaches will be used to deliver the programme including:

- Role play
- Brainstorming
- Debates
- Discussion
- Group work

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- Use of work sheets
- Visiting speakers
  
- The language will be appropriate to the topic discussed and pupils and teachers will agree Ground Rules to ensure controversial topics can be dealt with in an appropriate manner.

## **Right to Withdrawal**

### Primary schools

Parents/Carers cannot withdraw their children from relationships education.

### Secondary schools:

Parents/Carers can withdraw their children from **only non-statutory** sex education up until the third term before their 16<sup>th</sup> birthday. This can be done by submitting a written request to the headteacher.

## **Resources**

Resources will be relevant, effective, and current and age appropriate.

Language and visuals need to be clear and easily understood. Staff will need to be aware of local agencies which could be used as a resource.

KS2 classes follow a curriculum designed by Dimension 3D PSHE which covers all essential topics including:

- Safety First
- Think Positive
- Respecting Rights
- One World
- Growing Up
- Britain
- Be Yourself
- It's my Body
- Money Matters
- Aiming High

KS3 classes follow a curriculum provided by Dimension 3D PSHE and is built on the three core areas identified by the PSHE association:

- Health and Wellbeing
- Relationships

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- Living in the Wider World

KS4 classes follow an ASDAN PSHE short course which is split into 11 modules:

- Emotional wellbeing
- Keeping safe and healthy
- Social media
- Alcohol
- Tobacco and drugs
- Sexual health
- Respectful relationships
- Families and parenting
- Financial choices
- Careers and your future
- Living in modern Britain

#### **Assessment and Evaluation**

Assessment will take place mainly through classroom observation, sampling pupils' work, plus pupils' self-assessment. In the case of the ASDAN short course assessment will be done via assessment criteria laid out in the course guidance.

#### **Monitoring and Review**

The policy will be subject to review on an annual basis but may be subject to amendment if the age range, aptitude or needs of the pupils attending Park School should be subject to change. Although the introduction of statutory RSE has been delayed until Summer term 2021 due to the coronavirus pandemic, this has already been incorporated into the RSE curriculum at Park School.

This policy will be reviewed annually